

Vertimax V8 Vertical Jump Speed Training Program

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Vertimax V8 Vertical Jump Speed

The V8 is our leading vertical jump and speed training system designed for multi-point leg and arm loading on-platform with up to 4 band multi-point off-platform speed training out to approximately 30 feet. Trains up to 5 athletes simultaneously (1 on platform and 4 off-platform). Sports Performance Training Equipment for all sports including (but not limited to) basketball, football, volleyball, baseball, softball, tennis, soccer, hockey, lacrosse, track & field, MMA, gymnastics, & wrestling.

VertiMax V8 | Vertimax - Vertimax LLC

Details Reactive power training device improves speed, explosiveness, and vertical jump. Pulley system under platform ensures the same resistance is maintained all the way to the top of the jump. Patented stability trackers mounted under platform allow cords to move with the athlete, eliminating the "tug-back" slingshot effect. Resistance quickly adjusts to hundreds of different settings. Each ...

Vertimax V8 - Perform Better

The new VertiMax V8 EX "Extended Range" is a vertical jump and speed training system designed to help athletes maximize speed and sport-specific performance. The V8 EX innovation extends off-platform training distances out to 60 feet (which is twice the range offered by the original Vertimax V-series models). Accessories included: Waist Harne

VertiMax V8 EX | Vertimax - Vertimax LLC

Vertimax V8 with Attachments The V8 is the leading vertical jump and speed training system designed for multi-point leg and arm loading on-platform with up to 4 band multi-point off-platform speed training out to approximately 30 feet. Standard configuration will satisfy needs of 95% of all a... Vertimax V8 with Attachments - - \$2150

Vertimax V8- Vertical Jump & Speed Training Equipment ...

The V8 combines the best of both these conventional speed training techniques while correcting the problems associated with each to deliver the most effective speed training system available. 3) VertiMax provides maximum vertical jump gains. VertiMax is the only system capable of loading both the legs and arm swing at the same time when ...

Vertimax Jump Training | EM Speed & Power Training

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VertiMax Speed & Vertical Jump Training Intro - YouTube

VertiMax V8 Platform for speed training The Vertimax V8 system is the most advanced system developed to allow athletes to engage in effective light-load, high speed training that optimally promotes rapid force production to maximize explosive power and speed. The V8 system provides eight adjustable load resistance bands enabling athletes to ...

Speed Training | Vertimax

The VertiMax is a small platform, with cords similar to bungees attached to it for jumping and other sporting actions. As its name suggests, most of the attention the device gets is for improving jumping performance, especially an athlete's vertical jump.

What Does the Science Say About VertiMax Training?

"VertiMax is the best training system incorporating upper body loading into an already highly effective explosion training device. Incorporating the upper body to improve the lift aspect of vertical jump training is a giant breakthrough for all skill levels.

Athletic Performance Training Equipment | Vertimax

Vertimax is the leader in athlete training, providing cutting-edge training equipment designed to fit the need of any athlete or fitness enthusiast who wants results.

VertiMax Athletic Training Solutions - Vertimax LLC

Why are Vertimax V8 Platforms and Raptors the leading athletic performance training equipment tools in the world?. Unlike any other training equipment, Vertimax Platforms and Raptors are specifically designed to maximize athletic potential by focusing on three key components: speed, explosive power, and vertical jump.

Why Vertimax? | Vertimax

Why Use The VertiMax Platform For Basketball: The VertiMax platform is the most complete and diverse training tool available today. A VertiMax platform can radically improve a player's Vertical Jump, Game speed with or without a ball, and help them develop a level of Explosiveness that will transfer directly to the court.

Basketball Training | Vertimax

VertiMax V8 From the professional player to the high-school level, and even younger pre-teen athletes, no training equipment will do more to increase vertical jump and first step quickness while maximizing a player's abilities to dominate on the field or the court.

Vertimax - Texas Footwork

Vertimax V8 with Attachments The V8 is the leading vertical jump and speed training system designed for multi-point leg and arm loading on-platform with up to 4 band multi-point off-platform speed training out to approximately 30 feet. Standard configuration will satisfy needs of 95% of all a... Vertimax V8 with Attachments - - \$2150

Vertimax - \$2200 | Sports Goods For Sale | Wheeling, OH ...

The V8 a leading vertical jump and speed training system designed for multi-point leg and arm loading on-platform with up to 4 band multi-point off-

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platform speed training out to approximately 30 feet. Trains up to 5 athletes simultaneously (1 on platform and 4 off-platform). Like New Condition. Has extra complete set of harnesses and straps.

Selling a Vertimax V8 - \$2800 | Sports Goods For Sale ...

VertiMax The Game Changer! VertiMaxSports VertiMax is the world's leading athletic training device to maximize speed, vertical jump and overall athletic performance from youth to Pro levels. The VertiMax was designed to increase the athlete's performance and abilities for all sports and ages. Whether you are looking to improve your speed, strength, vertical jump or just your overall ...

VertiMax - The Game Changer! - Nova Fitness Equipment

Chris Johnson uses the VertiMax training system with trainer Travelle Gains to develop his explosive power, speed and vertical jump. The video shows Chris Johnson performing various exercises on ...

VertiMax - YouTube

Vertimax V8 Performance Training. We have officially launched our basketball-specific performance training programs in both individual and group training settings as well as basketball-specific performance training programs in one-on-one individual settings. These programs utilize the VertiMax V8 & Raptor technologies and provide our athletes with the highest-level vertical jump & speed ...

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